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a securing nut threadably engaging an outer threaded surface of said threaded shaft, said securing nut being rotatable with respect to said threaded shaft such that a surface of the securing nut engages the second surface of said guide block upon rotation into engagement therewith thereby rendering the threaded shaft nonrotatable in relation to the guide block.

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10. A guide for stabilizing a saw blade, said guide comprising:

a base plate having a top surface and a polygonal shaped bottom surface;
a single threaded shaft extending outwardly from a centerpoint of said top surface of said base plate, said threaded shaft having a first end rotatably engaging said base plate;
an insert disposed on said bottom surface of said base plate; and
means for selectively non-rotatably engaging the base plate and threaded shaft.

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14. A unitary solid, bi-metallic block insert for a saw blade guide for stabilizing a saw blade comprising:

a first metallic material proximal to a first blade engaging surface thereof;
a second metallic material proximal to a second guide engaging surface, wherein said first metallic material is harder than said second metallic material; and
a mixture of said first metallic material and said second metallic material at a center region of said insert.

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15. The insert of claim 14, wherein the first metallic material proximal to the first blade engaging surface thereof is austenitic chromium-carbide.

16. The insert of claim 15, wherein the second metallic material proximal to the second guide engaging surface thereof is carbon steel.

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20. The insert of claim 17, wherein said connecting means includes one or more threaded